

グアム研修 事後レポート

Name

I ♥ GUAM

2026/01/20~25

From Narita to Guam

(What efforts did you make—training, studying English, and so on?)

Håfa Adai!

About Saint Paul Christian School

(How was your life at the local school?)

Before going to Guam, I researched the country, US dollars, and I also took good care of my health. Schools were very different from those in Japan. The students were friendly, and open-minded. At first, I couldn't understand much English, and I was surprised by how different it sounded from what I was used to. But I enjoyed taking classes, having lunch, and playing games. I realized how important it is to learn not only in Japan but also through real experiences abroad.



I studied English while having fun by watching anime in English and listening to Western music. When I made my speech, I tried to make it easy for the audience to understand and interesting for them. Because I wasn't confident in my pronunciation, I practiced reading aloud at home a lot. I also made sure to join the weekly meetings and tried to get along well with everyone.

About The life with Host Family

(How was your stay with the host family?)

It was my first homestay, so I was very nervous, but my host mothers were kind and welcoming, so I felt comfortable quickly. They spoke more slowly than the teachers at school, so I could understand them well. We had a taco party, went to the beach, and went shopping together.



I was happy that they took me to famous places to take photos. They asked me many questions, which gave me chances to speak English, and I think I improved by the end. I missed home sometimes, but I wished I could have stayed in Guam longer.

Your Comment through this experience

(What did you learn from this experience?)

At first, I was nervous about going to a local school and staying with a host family, but I told myself not to be shy and to try new things. Even when my English wasn't perfect, I asked questions and shared what I wanted to do. The Guam program was fun because I had friends working with me, and thanks to my teachers' support, I was able to finish the program safely. Applying for the program took courage because of the English speeches, but I'm really glad I challenged myself. I want to use what I learned about cultural differences and daily life in my future. Next time I go abroad, I will study English harder so I can communicate more confidently.



Si Yu'os Ma'åse'!