

グアム研修 事後レポート

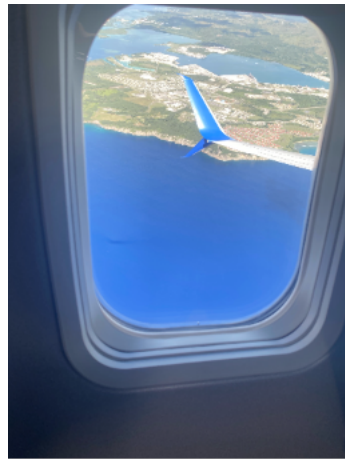
Name

2026/01/20~25

From Narita to Guam

(What efforts did you make—training, studying English, and so on?)

It was my first time taking an international flight. The flight attendant spoke Japanese, so I didn't speak much English. I remember that there were people from many different countries on the plane. The food portions were big, but the food was very good.



About Saint Paul Christian School

(How was your life at the local school?)



At school, I had a buddy, who was a local student, and we took classes together. All the classes were in English, so it was very hard. The school was very different from Japanese schools, and it was interesting. I ate lunch with my buddy and studied together. I also played volleyball and talked with other students.

About The life with Host Family

(How was your stay with the host family?)



My host mother gave me many new experiences. She took me to local supermarkets and outlets. They were very big and had many products that I don't see in Japan, so it was interesting. She also took me to local fast-food restaurants. The food was very big, and I was surprised that fast-food restaurants like McDonald's had drink bars. On days when I spent all day with my host family, we went to the beach and sightseeing places with other families. The sea was very beautiful.

Your Comment through this experience

(What did you learn from this experience?)

Through this Guam program, I learned many things about the differences in values and lifestyles between people overseas and us. What impressed me most was that it is important to use English in my own way, not only the English I learned at school or read in books. Textbook English is important, but it can sometimes sound awkward or too formal. I also learned many expressions and casual words that we cannot learn in Japan. I would like to use this experience to keep studying English.

