

グアム研修 事後レポート

Name

2026/01/20~25

From Narita to Guam

(What efforts did you make—training, studying English, and so on?)

Before going to Guam, I prepared myself by studying English in my daily life. I watched English videos and listened to Western music to get used to English sounds. I also practiced reading English aloud because I was not confident in my pronunciation. During the flight from Narita to Guam, I felt nervous but excited. I decided to try my best to speak English without being afraid of making mistakes.



About Saint Paul Christian School

(How was your life at the local school?)

At Saint Paul Christian School, there were many friendly and kind people. However, it was sometimes difficult because I couldn't understand English well and my English didn't always get across. I often had trouble listening to fast English. Even so, the students tried to communicate with me, and I learned that it is important not to give up even when communication is hard.



About The life with Host Family

(How was your stay with the host family?)



Hafa Adai 

This was my first homestay, so I was nervous at first, but my host family was very kind and welcoming. They were very talkative, so their speaking speed was fast, and it was sometimes hard to understand. However, this helped me get used to listening to natural English. I also heard many Chamorro words, which is the language of Guam, and I really enjoyed learning about the local culture.



Your Comment through this experience

(What did you learn from this experience?)

Through this Guam training program, I learned the importance of challenging myself. Even when my English was not perfect, trying to communicate helped me gain confidence. I also learned a lot about cultural differences through real experiences. This program made me want to study English harder and communicate more confidently in the future.