

The Speech Contest 2025 in Tsurumine High School

In January and February 2026, a speech contest was held in the gymnasium for each grade level. The second-year students were divided into two categories, the “General” and “Open” categories.

Topic for 2nd year students: “What We Can Do for the World”



The Champion of 2nd Year General Category

“Speak Up When Something Is Unfair”

Sumika Murakoshi

My speech title is “Speak Up When Something Is Unfair”.

Hello everyone. Have you ever heard someone say, “That’s not fair”?

Even today, there are many unfair ideas in our world.

For example, some people say you are a girl.

So, you like pink, and you are a boy. So, you like blue.

Also, some people say girls don’t need education and boys should not cry.

But these ideas are unfair. They decide who we are only by gender.

So, what should we do?

Speaking up is not always easy. We may be afraid of being disliked or making trouble.

But staying silent can also keep unfairness.

So, when we see unfair situations, we should say “That’s not fair.”

For example, on social media, if we see unfair comments, we should say that’s not fair or report them.

Also, when we are treated unfairly, we should say clearly, “That’s not fair. “or “That’s wrong”

If each of us does this, respect will become normal. And that is how we can change the world.

But if we do nothing, unfair ideas will continue. That is why speaking up is so important.

You do not have to be perfect or strong. Just saying “That’s not fair “is enough.

Thank you for listening.

“Taking the Small Steps toward a Better Future”

Tomohide Mogi

We all know that the world is suffering from climate change.

It destroys ecosystems and is making our planet warmer.

However, I think there is another important problem we don't talk about enough.

And that is the lack of motivation to help.

Many people feel hopeless and think that their actions won't matter in such a big world.

And honestly, I used to feel the same way.

But after thinking about this and doing some research, I thought of two points that helped motivate me.

Point number one: It's all about cooperation.

One person alone cannot change the world.

But when many people work together, even small actions become big.

To prove this point, I would like to conduct an imaginary experiment using simple mathematics.

Here's how it goes:

If one person picks up three pieces of trash a day, that's only 21 pieces a week.

That's not even enough to clean a street.

But if a city (about 270,000 people) did the same thing,

that would be over 5.6 million pieces of trash removed in just one week.

This is a weekly result, the potential of cooperation.

Moving on to the next point: Change is a slow process.

We can't expect the planet to recover in just one year.

If it took this long for the earth to be this damaged, then it might take just as long for it to be healed.

Our actions may feel small now, but their effects build up over time.

That's why patience is important.

With these points in mind, here are some simple ways we can help the planet:

Turning off lights and unplugging chargers

Using reusable bottles or bags

Picking up even one piece of trash

Buying local food - It can be expensive sometimes but as much as you can, please consider doing so.

Spreading awareness - Tell your friends, families, anyone.

So remember, it's all about cooperation, and that change is a slow process

Our small actions may not seem important now,

but with patience and teamwork, they are the small steps toward a better future.

Thank you.

Topic for 1st year students: "My Happiness"



The Champion of 1st Year

"My happiness"

Kokomi Maeda

What I'm going to talk about may seem like a small and ordinary thing to you, but for me, it's a moment of real happiness.

So, do you feel happy when you watch a movie?

Personally, movies themselves make me happy, but my favorite part is when the lights go out and the theater becomes completely quiet.

Everyone in the theater stops talking and even the sound of popcorn disappears.

In that silence, I feel my excitement slowly building. At the same time, I feel peaceful.

I can forget about my daily life. Even though we are not the same people, we can share the same feeling.

It feels like I am about to enter a new world. Also, at that moment, I look at my friends and give them my biggest smile, because something wonderful is just beginning.

I think true happiness is not always loud or exciting.

That is why this short, quiet moment is my happiness.

Thank you for listening.